

Mental Health & AODA Resource Guide

Washington & Ozaukee Counties



Washington County Mental Health Crisis Services

Agency	Description	Website
COPE Hotline 262-377-2673	The COPE Hotline is answered by trained listeners. They provide supportive listening to callers, crisis intervention and suicide prevention. The Hotline is available 24/7 and all calls to COPE are anonymous and confidential!	www.copeservices.org
Impact 2-1-1 211	IMPACT 2-1-1 is a central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance about drug and alcohol use.	www.impactinc.org
Suicide Hotline 1-800-273-TALK (8255)	The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States.	https://suicidepreventionlifeline.org/
Washington County Mobile Crisis <i>Crisis Line:</i> 262-365-6565 <i>Toll Free:</i> 1-866-906-6565	Acute Care Services is a State-certified 24/7/365 emergency Mental Health Services Program. Through our three divisions of Behavioral Health, Children and Families and Economic Support, the dedicated staff strives to support individuals and families as they achieve self-sufficiency and social wellbeing. Services provided without regard for ability to pay.	http://www.co.washington.wi.us/index.iml
Washington County Housing Hotline 262-334-4912	24 hours a day, 7 days a week. Locate county resources related to emergency housing, transitional shelter, rent and utility assistance, legal assistance including during threat of eviction.	http://www.co.washington.wi.us/index.iml
NAMI Warmline 262-353-3540	National Alliance on Mental Illness works to raise awareness and provide education, advocacy and support programs for people living with a mental illness, their families, friends and the community. This is a volunteer organization offering peer-to-peer counseling, other supports, and recovery activities.	http://www.nami-positiveimage.org/contact-us

Washington County Mental Health Counseling Services

Agency	Description	Website
Affiliated Clinical Services 111 East Washington St. West Bend 262-338-2717	Affiliated Clinical Services offers youth and adult addiction counseling and mental health counseling. Most commercial insurances are accepted and so is Medicare, but Medicaid is not accepted.	http://affiliatedclinical.com/
Alarus Healthcare West Bend: 262-306-9800 Beaver Dam: 920-219-4440 Grafton: 262-377-6276	Alarus Healthcare provides caring, discreet, and confidential services to people dealing with mental health issues, addictions, and for people looking to simply live better.	http://alarushealthcare.com/
Aurora Behavioral Health Center 205 Valley Ave., West Bend 877-666-7223	The clinics offer outpatient services at 48 locations, conveniently located through eastern Wisconsin. The professional staff includes psychiatrists, psychologists, and psychotherapists who have experience in working with children, adolescents, adults, older adults, couples, and families. Outpatient (by appointment only) offers care for most Behavioral Health problems including depression, anxiety and stress, eating disorders, grief and loss, substance abuse, family issues, attention deficit hyperactivity disorder, and chronic mental health issues. Most insurances accepted.	https://www.aurorahealthcare.org/
Aurora Behavioral Health Center-North Shore 6980 N. Port Washington Rd. Ste 202 Milwaukee 414-773-4312	The clinics offer outpatient services at 48 locations, conveniently located through eastern Wisconsin. The professional staff includes psychiatrists, psychologists, and psychotherapists who have experience in working with children, adolescents, adults, older adults, couples, and families. Outpatient (by appointment only) offers care for most Behavioral Health problems including depression, anxiety and stress, eating disorders, grief and loss, substance abuse, family issues, attention deficit hyperactivity disorder, and chronic mental health issues. Most insurances accepted.	https://www.aurorahealthcare.org/locations/clinic/aurora-psychiatric-hospital-northshore-programs
Christian Family Counseling W175 N11120 Stonewood Drive Germantown 800-438-1772	Christian Counseling uses God's Word as a foundation for addressing mental health issues through clinically sound and evidence-based solutions and goals. Licensed Christian counselors assist children, adolescents, adults, couples, and families in a supportive, Christ-centered atmosphere. Provides counseling on many topics through outpatient services, intensive outpatient programs, day treatment programs, and telehealth.	http://christianfamilysolutions.org/counseling
Community Memorial Hospital W180 N8085 Town Hall Road Menomonee Falls 262-251-1005	The Community Recovery Center treatment program begins with an individual assessment with a licensed substance abuse professional, followed by an intensive four-week program consisting of outpatient group therapy and educational sessions. The treatment program is followed by an eight week After-Care Program. <i>Other locations: Germantown & Hartford Health Centers: 262-502-3300</i>	http://www.froedtert.com/community-memorial/
Exodus House 1421 Fond du Lac Avenue Kewaskum 262-626-4166	Exodus House is a 20 bed, state licensed and state certified Transitional Living Facility in Kewaskum, WI, helping adult males recovering from alcohol and drug dependency.	www.exodus-house.com

Froedtert Behavioral Health W168N11237 Western Avenue Germantown 262-502-3300	Offers treatment for acute symptoms associated with problems such as severe stress, depression, anxiety and thought disorders. Other Locations: 110 Lone Oak Lane Hartford and W180N8085 Town Hall Rd., Menomonee Falls	http://www.froedtert.com/behavioral-health/inpatient
Integrated Life Counseling Center, LLC 215 Main St, Suite 205, West Bend 262-416-2922	Offering treatment for children (8+), adolescents, families and adults across a range of issues including depression, anxiety, ADHD, parenting support, substance abuse, trauma, and adjustment concerns.	www.integratedlifecounselingcenter.com
Kettle Moraine Counseling 400 W River Dr., West Bend 262-334-4340	West Bend and Cedarburg area counseling for couples, family, children, and individuals with evening and Saturday hours. There is no psychiatry on-site.	http://www.kettlemorainecounseling.com/
Professional Services Group (PSG) 724 Elm St, West Bend 262-353-9701	Professional Services Group offers mental health, youth addiction, and adult addiction counseling. Provides an array of services in outpatient clinics, including individual and group psychotherapy, AODA treatment, consultation, and psychological and neuropsychological evaluations.	http://www.psgcip.com/
Rogers Memorial Hospital 4555 W Schroeder Dr, Brown Deer 414-865-2500	Offers a variety of mental health and addiction services for adults, adolescents and children. Provides inpatient withdrawal management, partial hospital and intensive outpatient services for heroin, alcohol and other drug addition, as well as dual diagnosis. Residential treatment is also available at Herrington Recovery Center in Oconomowoc.	https://rogersbh.org
Washington County Human Services 333 E. Washington St. Suite 2100 & 3100, West Bend 262-335-4600	Washington County Human Services offers youth and family counseling services.	www.co.washington.wi.us

Washington County Mental Health Community Services

Agency	Description	Website
Albrecht Free Clinic 908 W Washington St, West Bend 262-334-8339	The Albrecht Free Clinic provides free medical and dental care to uninsured and under-insured residents of Washington County, Wisconsin.	http://www.albrechtfreeclinic.org/
Casa Guadalupe Education Center 479 N. Main St, West Bend 262-306-2900	Casa works to empower low-income, native-born and Spanish-speaking Latino families to live independent, successful lives, to build strong families and establish meaningful connections within their community.	http://www.casaguadalupeonline.org/
Elevate Inc. N169 W21005 Meadow Ln, Jackson 262-677-2216	Elevate is a community resource center focused on prevention, intervention, and support for substance abuse and mental health.	http://elevateyou.org/
Family Promise of Washington County 724 Elm Street, Unit 102, West Bend 262-353-9304	Family Promise provides food, shelter, and support services for homeless families in Washington County. Family Promise also provides advice and advocacy for at-risk families to prevent them from becoming homeless.	www.familypromisewc.org
FRIENDS, INC PO Box 117, West Bend 24 Hour Crisis Line: 262-334-7298 Hartford Crisis Line: 262-673-7298 Germantown Crisis Line: 262-255-9488	Services provided to those affected by domestic and sexual violence at no charge.	https://fafinc.wixsite.com/fafinc
LiFE OF HOPE 139 N. Main St. Ste 104, West Bend 262-429-1556	LiFE of HOPE provides resources and programs about suicide risk factors, ideation, intervention, and peer support groups. QPR (Question, Persuade, Refer) training free for Washington County business and residents; available to Ozaukee.	http://lifeofhopeproject.org/
NAMI (National Alliance on Mental Health) 2030 Stonebridge Rd, West Bend 262-339-1235	NAMI-Washington County's focus is to raise awareness in the community about mental illness, provide education, advocacy, and support for individuals and families affected by mental illness. NAMI provides weekly support groups for teens, young adults, and other adults with mental illness as well as support groups for families of individuals with mental illness. Multi-session education courses are offered several times a year for individuals with mental illness and for families dealing with both children and adults with mental health conditions. NAMI provides community education via speakers and special educational events. A drop-in/recovery center at 2030 Stonebridge Road is open to all adults with mental illness. All programs are free of charge.	http://www.nami-positiveimage.org/

Washington Ozaukee County Public Health Department 333 E. Washington St., Ste 1100 West Bend 262-335-4462	The Washington Ozaukee County Public Health Department improves the quality of life by promoting, protecting, and enhancing the health and well-being of the public. Communicable disease, emergency preparedness, WIC, environmental health, community health, maternal and child health, and immunizations.	washozwi.gov
Washington County Aging and Disability Resource Center (ADRC) 333 E. Washington St, room 1000 West Bend 262-335-4497	A place where information, assistance, and access to services and community resources is in one central place for seniors and adults with physical and developmental disabilities. Adults with mental health and/or substance abuse issues can be connected to assistance through other resources.	http://www.co.washington.wi.us/departments.iml?mdl=departments.mdl&ID=AGE
Dodge County Mental Health Center 199 County Road DF, Juneau 920-386-3500	Provides confidential comprehensive mental health services and substance abuse services to county residents of all ages.	http://www.co.dodge.wi.gov/government/departments-e-m/human-services-health-department
Ozaukee County Mental Health Center 121 W. Main St. , Port Washington 262-284-8200	Provides comprehensive programming for adults with mental health issues who lack the resources to obtain services elsewhere in the community.	http://www.co.ozaukee.wi.us/261/Mental-Health-Services
Fond du Lac County Mental Health Center 459 E 1st St, Fond du Lac 920-929-3500	Outpatient clinic provides traditional services including psychosocial, psychological and psychiatric evaluation, ongoing psychotherapy, medication management and education, nursing support and prevention/consultation activities.	http://www.fdlco.wi.gov/departments/departments-a-e/community-programs/services-and-programs/outpatient-mental-health-clinic

Washington County Substance Abuse Counseling Services

Agency	Description	Website
Area Suboxone Providers 111 East Washington Street West Bend 262-338-2717 1990 Wisconsin Ave., Grafton 262-377-2900 W176N9830 Rivercrest Drive Germantown 414-324-0944	Dr. Kumar / Affiliated Clinical (no Title 19) Dr. Julie Chicks / For Your Health (takes Title 19) Dr. Joseph Locke / Spectrum Health Medical Clinic (takes Title 19)	http://affiliatedclinical.com/2016/07/28/raresh-kumar-md/ http://physicians.columbia-stmarys.org/details/64329/julie-chicks-internal-medicine-grafton https://spectrumhealthmedical.com/
COPE Hotline 262-377-2673	The COPE Hotline is answered by trained listeners. They provide supportive listening to callers, crisis intervention and suicide prevention. The Hotline is available 24/7 and all calls to COPE are anonymous and confidential.	http://www.copeservices.org/
Elevate N169 W21005 Meadow Ln, Jackson 262-677-2216	Elevate is a community resource center focused on prevention, intervention, and support for substance abuse and mental health.	http://elevateyou.org/
Impact 2-1-1 211	IMPACT 2-1-1 is a central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance about drug and alcohol use.	www.impactinc.org
Affiliated Clinical Services 111 East Washington St., West Bend 262-338-2717	Affiliated Clinical Services offers youth and adult addiction counseling and mental health counseling. Most commercial insurances are accepted and so is Medicare, but Medicaid is not accepted.	http://affiliatedclinical.com/
Alarus Healthcare 1622 Chestnut Street, West Bend 262-306-9800	Alarus Healthcare provides youth addiction counseling, and adult addiction counseling.	http://alarushealthcare.com/
Genesis Behavioral Services 1626 Clarence Court, West Bend 262-338-8611	At Genesis Behavioral Services, dual diagnosis addiction treatment and substance abuse treatment services are provided.	
Kettle Moraine Counseling 400 W River Dr., West Bend 262-334-4340	Provides high quality addiction therapy for children, teens, adults and families.	http://www.kettlemorainecounseling.com/

Froedtert Behavioral Health W168N11237 Western Avenue Germantown 262-257-4770	Offers treatment for addiction to drugs or alcohol.	http://www.froedtert.com/behavioral-health/alcohol-drug-treatment
Christian Family Counseling W175 N11120 Stonewood Dr. Germantown 262-335-5560	Christian Counseling uses God’s Word as a foundation for addressing mental health issues through clinically sound and evidences-based solutions and goals. Licensed Christian counselors assist children, adolescents, adults, couples, and families in a supportive, Christ-centered atmosphere. Provides counseling on many topics through outpatient services, intensive outpatient programs, day treatment programs, and telehealth.	http://christianfamilysolutions.org/counseling

Washington County Substance Abuse Community Services

Agency	Description	Website
Heroin Toolkit	The Heroin Toolkit offers a wealth of information, including local stories of addiction and recovery, warning signs, and legal consequences. It also provides tips on safe disposal of prescription medications and what you can do if you know or suspect someone is using drugs.	http://www.unitedwayofwashingtoncounty.org/opiate-heroin-awareness-toolkit
Elevate Inc. N169 W21005 Meadow Ln, Jackson 262-677-2216	Elevate is a community resource center focused on prevention, intervention, and support for substance abuse and mental health.	http://elevateyou.org/

Washington County Mental Health & Substance Abuse Support Groups

Agency	Description	Website
AA-Alcoholics Anonymous	Visit the website for a list of meeting locations around Wisconsin. There are none located in Washington or Ozaukee Counties.	www.aa.org
NA-Narcotics/Heroin Anonymous 888-611-1813	Visit the Kettle Moraine area NA website for a list of meetings in the local area.	www.na.org http://www.kmana.org/
Al-Anon/Al-Ateen	Visit the website for a list of meetings in the local area.	www.al-anon.alateen.org
In the Rooms Online Recovery Network 855-399-0014	World's Largest, Online Social Network for the Global Recovery Community. For people already in Recovery, Seeking Immediate Help from any Addiction, and their Family, Friends and Allies. You will have unlimited access to over 117 live online Recovery meetings weekly. ITR offers AA, NA, and other 12 Step and non 12 Step Support Groups, Geo Locatable Global Meeting Finder, Daily E Meditations, Afternoon Affirmations, Free iPhone and Android Apps, Speaker Tape Library and much more.	www.intherooms.com
SMART Recovery Tel: 440-951-5357 Toll free: 866-951-5357	Helps people recover from all types of addictive behaviors, including: alcoholism, drug abuse, substance abuse, drug addiction, alcohol abuse, gambling addiction, cocaine addiction, and addiction to other substances and activities. Visit website for locations of in person meetings, and for information about online meetings.	www.smartrecovery.org
Unity Club 1715 Creek Drive, West Bend 888-205-1671	Narcotics anonymous is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There are no dues or fees. The only requirement for membership is a desire to stop using.	https://mtg.area75.org/meetings.html?dist=12
Elevate Community Resource Center N169 W21005 Meadow Ln, Jackson 262-677-2216	Support and family groups. Families of the Incarcerated: Columbia St. Mary's Clinic (N112W15415 Mequon Rd., Germantown, 262-208-4776)	http://elevateyou.org/
LIFE OF HOPE 139 N. Main St. Ste 104, West Bend 262-429-1556	HOPE Peer Support Group has two groups that meet twice a month, each. One is for individuals experiencing active suicide ideation. The other is for friends and family who are affected by another person's suicidal thoughts or recent survived attempt.	http://lifeofhopeproject.org/
NAMI: Family Support Group 262-339-1235	For family members, partners and friends of individuals living with a mental illness. It is not intended for the individual with mental illness. There are two meeting times each month: 1) at the NAMI Welcome Center in West Bend on the third Monday each month and 2) at Northbrook Church in Richfield on the first Monday each month. New people are always welcome.	http://www.nami-positiveimage.org/programs

<p>NAMI: Teen Connections 262-339-1235</p>	<p>Teen Connections is a support group for teens, ages 13-18 (must still be in high school), who have a mental health concern or illness and are looking for a supportive environment to learn about symptoms, treatment and resources, as well as spend time socializing with peers. Two mental health/education professionals facilitate each group.</p> <p>This free, drop-in support group is offered in two locations. <u>NAMI</u> - 2030 Stonebridge Rd, West Bend and <u>Hartford Public Library</u> - 100 Park Ave, Hartford WI Rm 208</p>	<p>http://www.nami-positiveimage.org/programs</p>
<p>NAMI: Arts & Crafts Group 262-339-1235</p>	<p>Arts and crafts is a group that meets weekly and works on small projects that can be completed in one day and taken home. It's for anyone who would like to escape into a world of creativity.</p>	<p>http://www.nami-positiveimage.org/programs</p>
<p>RISE (Recovery Inspired by Shared Experiences) 2030 Stonebridge Rd, West Bend 262-339-1235</p>	<p>The RISE Peer Support Group is for anyone diagnosed with a mental illness. It provides a safe place to share your experiences, receive support from others, and learn more about living with these illnesses. It's a small comfortable group that allows time for everyone to share how they have been doing during the last week. Confidentiality is maintained at all times.</p>	<p>http://www.nami-positiveimage.org/programs</p>

Ozaukee County Mental Health Crisis Services

Agency	Description	Website
COPE Hotline <i>262-377-2673</i>	The COPE Hotline is answered by trained listeners. They provide supportive listening to callers, crisis intervention and suicide prevention. The Hotline is available 24/7 and all calls to COPE are anonymous and confidential!	www.copeservices.org
Impact 2-1-1 <i>211</i>	IMPACT 2-1-1 is a central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance about drug and alcohol use.	www.impactinc.org
Suicide Hotline <i>1-800-273-TALK (8255)</i>	The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States.	www.suicidepreventionhotline.org
Advocates Crisis Line <i>262-284-6902 or 877-375-4034</i>	24 Hour Crisis lines and 24 Hour Testing Hotline	
Alzheimer's Association Hotline <i>800-272-3900</i>	Dedicated to assisting individuals with Alzheimer's disease and related dementias, families, caregivers, and professionals. Provides 5 core services, including: Care Consultation, Educational Opportunities, Information and Referral, Safe Return, and Support Groups.	

Ozaukee County Mental Health Counseling Services

Agency	Description	Website
Achievement Associates Ltd 1317 Towne Square Rd, Mequon 262-229-8100	Effective Client-Centered Care – for All Ages. Prompt Intervention 24/7, Substance Abuse: Drugs and Alcohol, Individual, Couples and Family, Marriage and Relationships, Vocational and Work-Related Counseling, Education Programs and Intervention.	http://achievementassociates.com/
American Behavioral Clinics, S.C. 1240 Ranchito Lane, Mequon 262-241-3231	American Behavioral clinical offers a wide range of clinical services in order to provide individuals with a full continuum of psychiatric and behavioral health care. There are a variety of locations throughout Milwaukee and Ozaukee County.	http://americanbehavioralclinics.com/locations/
Aurora Behavioral Health Center 975 Port Washington Rd, Grafton 414-773-4312	The clinics offer outpatient services at 48 locations, conveniently located through eastern Wisconsin. The professional staff includes psychiatrists, psychologists, and psychotherapists who have experience in working with children, adolescents, adults, older adults, couples, and families. Outpatient (by appointment only) offers care for most Behavioral Health problems including depression, anxiety and stress, eating disorders, grief and loss, substance abuse, family issues, attention deficit hyperactivity disorder, and chronic mental health issues. Most insurances accepted.	https://www.aurorahealthcare.org/services/behavioral-health-addiction
Aurora Health Care-Cedar Creek 215 W. Washington St., Grafton 262-385-8771	The clinics offer outpatient services at 48 locations, conveniently located through eastern Wisconsin. The professional staff includes psychiatrists, psychologists, and psychotherapists who have experience in working with children, adolescents, adults, older adults, couples, and families. Outpatient (by appointment only) offers care for most Behavioral Health problems including depression, anxiety and stress, eating disorders, grief and loss, substance abuse, family issues, attention deficit hyperactivity disorder, and chronic mental health issues. Most insurances accepted.	https://www.aurorahealthcare.org/services/behavioral-health-addiction
Becker-Gibeau Psychological Services 14135 N. Cedarburg Rd, Mequon 262-377-2006	This is a group of independently practicing therapists who provide mental health services to Ozaukee, Milwaukee, and Washington Counties.	www.beckergibeau.com
Comprehensive Counseling Services 101 E. Pier St., Ste 2, Port Washington 262-284-5789	Comprehensive counseling services dedicated to serving the outpatient behavioral health needs of individuals and families. The clinic offers board certified adult psychiatrists and a child and adolescent psychiatrist.	http://www.compcounselingservices.com/
Cornerstone Counseling 11649 N. Port Washington Road, Ste 201, Mequon 262-789-1191	Cornerstone provides a wide range of services for adolescents, children, adults, and families. Some areas include chronic health, trauma, anger management, behavior, parenting concerns, and divorce.	cornerstonecounseling.com/locations-staff/mequon.htm
Educates, LLC 1317 Towne Square Rd., Mequon 414-687-4856	Behavioral intervention, social skills groups, autism spectrum behavioral challenges, functional interventions.	http://www.educateswi.com/index.html

Eichenhofer Psychological Services 1035 Glen Oaks Lane, Ste 204, Mequon 262-241-1515	Helps those with developmental delays, autism spectrum disorders, marital issues, women's mental health issues, and assessment and treatment of ADHD.	https://eichenhofers.com/
The Gilane Center 10144 N. Port Washington Rd Suite 2, Mequon 262-240-1240	Substance dependence, individual, and family counseling are offered at the Gilane Center.	No website could be found.
Greensquare Developmental Specialists 1655 W. Mequon Road, Mequon 414-228-4800	Treating children and adolescents with developmental, learning and behavioral issues such as depression, mood and anxiety disorders and ADHD.	http://www.chw.org/location-directory/locations/greensquare-developmental-specialists-mequon/
Jean M Monty Psychological Services 10144 N Port Washington Rd, Suite 1G, Mequon 262-302-4126	Child and adolescent school concerns, anxiety, behavior, and conflict resolution are topics focused on at Jean M Monty Psychological Services.	jeanmmonty.com/home.html
Katz-Gilbertson Psychotherapy Associates 11501 N. Port Washington Road, Suite 218. Mequon 262-240-9620 or 414-306-7029	Child and adolescent anxiety, child and adolescent behavior issues, and family conflict are areas of focus here.	No website found.
Kettle Moraine Counseling W62 N281 Washington Ave, Cedarburg 262-334-4340	Counseling for couples, family, children, and individuals. There is no psychiatry on-site.	http://www.kettlemorainecounseling.com/
Navigate Wellness 11512 N. Port Washington Road, Suite 201A, Mequon 262-365-9828	Therapy is offered to adolescents, young adults, individuals, and couples.	www.navigatewhg.com
North Shore Center 10303 N. Port Washington Rd, Mequon 262-241-5955	North Shore Center offers counseling in eating disorders, learning and behavior problems, anxiety, depression, substance abuse, grief, ADHD, and other areas of health.	www.Northshorecenterllc.com
Northshore Clinics and Consultants W62 N248 Washington Ave, Suite 207, Cedarburg 262-375-1116	Northshore Clinic and Consultants is a mental health clinic that specializes in depression, anxiety, marriage and family therapy, AODA, trauma, LGBTQI issues, eating disorders, grief counseling, parenting issues and career/job counseling.	http://northshoreclinics.com/

Ozaukee Community Therapies 101 Falls Road, Suite 210, Grafton 414-559-0050	Individual, family and group counseling services across a wide range of issues including: School issues, ADHD, Autism, PDD-nos, Anxiety, Anger, Attachment, Adoption, Divorce, Parenting, Blended Families, Trauma, Self-Esteem, Depression, Life Transitions. <i>Groups and Workshops Offered.</i>	www.ozaukeecommunitytherapies.com
Ozaukee County Counseling Center 121 W. Main Street Port Washington 262-284-8145 or 262-238-8145	The Counseling Center provides individual and group treatment addressing mental health and substance abuse.	http://www.co.ozaukee.wi.us/261/Mental-Health-Services
Ozaukee County Human Services 121 W. Main Street Port Washington 262-284-8200 and 262-238-8200	The Department of Human Services include a counseling center, community support program and comprehensive community services.	http://www.co.ozaukee.wi.us/252/human-ser
Ozaukee Family Services 885 Badger Cir, Grafton 262-376-7774	Ozaukee family services meets the needs of children, families and seniors through dedicated, compassionate and caring staff and volunteers. Serve those in need by offering programs in family education and prevention, as well as counseling and senior services.	http://www.ozaukeefamilyservices.org/
Columbia St. Mary's Hospital 13111 N. Port Washington Rd. Mequon 262-241-6127	At Columbia St. Mary's, our Behavioral Medicine Services are designed to help and support you and your family through challenging times and serious conditions. We provide treatment for mental illness and addiction in an environment of respect, dignity and compassion.	http://www.columbia-stmarys.org/Behavioral_Medicine
Memory Minders, LLC 1654 Robin Ct., Grafton 262-707-9387	Memory Minders is a group memory enhancement program for adults experiencing early memory loss. This interactive program is designed to maintain memory through education and mental, physical, and creative activities all in a social engaging setting. Sessions meet on Mondays and Wednesdays in Grafton and include lunch.	http://www.memoryminders.net
Mequon Clinical Associates 1045 W. Glen Oaks Ln Suite 1, Mequon 262-241-7778	Areas of specialization: Addiction and Recovery, ADHD, Anger Management, Anxiety and Fear, Child and Adolescent Issues, Collaborative Divorce, Conflict Resolution, Couples Counseling, Depression, Divorce and Divorce Recovery, Divorce Mediation, Domestic Abuse, Eating Disorder, and much more.	http://www.mequonclinical.com/map/
Rawhide 5555 N. Port Washington Rd. Ste 2017, Glendale 414-979-9720	Rawhide offers outpatient counseling for the above concerns plus a variety of teen, family, marriage, and individual issues.	http://www.rawhide.org/who-we-help/counseling-services/
Reach, Inc 4550 W. Bradley Rd., Brown Deer 414-371-1600	Alcohol, drug, and gambling addiction treatment.	www.reachclinic.org
Rogers Memorial Hospital 4555 W Schroeder Dr, Brown Deer 414-865-2500	Offers a variety of mental health and addiction services for adults, adolescents and children. Provides inpatient withdrawal management, partial hospital and intensive outpatient services for heroin, alcohol and other drug addition, as well as dual diagnosis. Residential treatment is also available at Herrington Recovery Center in Oconomowoc.	http://rogershospital.org

Shorehaven Behavioral Health 3900 W. Brown Deer Suite 200, Brown Deer 414-540-2170	Substance abuse, marriage, family and adolescent therapy services.	www.shorehavenbhi.com
Dodge County Mental Health Center 199 County Road DF, Juneau 920-386-3500	Provides confidential comprehensive mental health services and substance abuse services to county residents of all ages.	http://www.co.dodge.wi.gov/government/departments-e-m/human-services-health-department
Washington County Human Services 333 E. Washington St. Suite 2100 & 3100, West Bend 262-335-4600	Washington County Human Services offers youth and family counseling services.	www.co.washington.wi.us
Fond du Lac County Mental Health Center 459 E 1st St, Fond du Lac 920-929-3500	Outpatient clinic provides traditional services including psychosocial, psychological and psychiatric evaluation, ongoing psychotherapy, medication management and education, nursing support and prevention/consultation activities.	http://www.fdlco.wi.gov/departments/departments-a-e/community-programs/services-and-programs/outpatient-mental-health-clinic

Ozaukee County Mental Health Community Services

Agency	Description	Website
Advocates of Ozaukee P.O. Box 80166 Saukville 262-284-3577	Advocates of Ozaukee is an agency that provides services for those who may be experiencing domestic or sexual violence.	https://www.advocatesofozaukee.com/
Alzheimer's Association 620 76th Street Suite 160 Milwaukee 414-479-8800	Dedicated to assisting individuals with Alzheimer's disease and related dementias, families, caregivers, and professionals. Provides 5 core services, including: Care Consultation, Educational Opportunities, Information and Referral, Safe Return, and Support Groups.	http://www.alz.org/sewi/
Family Path Autism Services 1017 W. Glen Oaks Lane, Suite 110, Mequon 608-512-0780	With expertise evaluating toddlers and young children, our licensed psychologist Amy Leventhal, PhD conducts diagnostic evaluations in response to concerns about a child's social engagement, social communication, flexibility and emotional regulation.	familypathautism.com/diagnostic-evaluation.html
Family Promise of Ozaukee County 124 E. Van Buren St. Port Washington 262-268-2723	Family Promise helps homeless and low-income families and single women in Ozaukee County achieve sustainable independence. Our mission is to assist those in need to rebuild their lives with compassion by providing resources and services to empower people that are experiencing homelessness. Also offers resources to those at risk of becoming homeless.	http://www.familypromiseoz.org/
Ozaukee County Aging and Disability Resource Center (ADRC) 121 W. Main St. Port Washington 262-284-8120 or 866-537-4261	Our mission is to provide a one-stop source of information and assistance for older adults, adults with disabilities, their families, friends, and caregivers by advocating for and linking them with resources and services that enable them to live as independently as possible.	http://co.ozaukee.wi.us/244/aging-disability-resource-center-ADRC
The Huiras Family Ozaukee Community Free Clinic 13111 N. Port Washington Rd, Mequon Walk-in: 262-243-7533 Appointment: 414-326-1800	For residents age 18 and over who have limited income and who have no health insurance. Clinic Hours: Wednesday 5pm-8pm. Located in the Testing and Treatment area of the Columbia St. Mary's Ozaukee Campus. Walk-ins are accepted between 5pm and 7pm; but appointments are recommended.	http://www.columbia-stmarys.org/Huiras Ozaukee Health Clinic
Washington Ozaukee County Public Health Department 121 W. Main Street, room 246 Port Washington 262-284-8170	Call for various times and locations of clinics and screenings.	http://washozwi.gov
NAMI National Alliance on Mental Illness Christ Church: 13460 North Port Washington Road, Mequon 262-243-3627	Improving the quality of life for those experiencing a mental illness and to provide support to their loved ones.	www.namiozaukee.org

Ozaukee County Substance Abuse Counseling Services

Agency	Description	Website
COPE Hotline 262-377-2673	The COPE Hotline is answered by trained listeners. They provide supportive listening to callers, crisis intervention and suicide prevention. The Hotline is available 24/7 and all calls to COPE are anonymous and confidential!	http://www.copeservices.org/
Impact 2-1-1 211	IMPACT 2-1-1 is a central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance about drug and alcohol use.	www.impactinc.org
Gilane Center Hotline 1-800-838-1752	Substance Dependence IOP, Individual, and Family Counseling. 24-Hour Addiction Helpline.	
Suboxone Providers 111 East Washington Street West Bend 262-338-2717 1990 Wisconsin Avenue Grafton 262-377-2900 W176N9830 Rivercrest Drive Germantown 414-324-0944 830 East Green Bay Road; Suite 100 Saukville 262-284-7117 or 262-284-2904 1971 Washington Street, Suite 200 Grafton 262-377-6276	Dr. Kumar / Affiliated Clinical(no Title 19) Dr. Julie Chicks / For Your Health (takes Title 19) Dr. Joseph Locke / Spectrum Health Medical Clinic (takes Title 19) Dr. Raymond Bauer (takes Title 19, BUT not taking new clients at this time) Dr. David Karwacki (no Title 19)	http://affiliatedclinical.com/ http://physicians.columbia-stmarys.org/details/64329/julie-chicks-internal-medicine-grafton https://spectrumhealthmedical.com/ Columbia St. Mary's Alarus Healthcare
Columbia St. Mary's Hospital Adolescent Substance Abuse Program (ASAP) 13111 N. Port Washington Rd. Mequon 262-243-6127	The Huiras Center provides early intervention and treatment. Led by a Clinical Psychologist, our drug and alcohol outpatient services give you and your family direct access to local and national resources that are evidence-based and values-driven. The goal of ASAP is to help achieve sobriety through a unique combination of therapies.	http://www.columbia-stmarys.org/ASAP

Aurora Hospital 975 Port Washington Rd., Grafton 262-329-1000	The clinics offer outpatient services at 48 locations, conveniently located through eastern Wisconsin. The professional staff includes psychiatrists, psychologists, and psychotherapists who have experience in working with children, adolescents, adults, older adults, couples, and families. Outpatient (by appointment only) offers care for most Behavioral Health problems including depression, anxiety and stress, eating disorders, grief and loss, substance abuse, family issues, attention deficit hyperactivity disorder, and chronic mental health issues. Most insurances accepted.	https://www.aurorahealthcare.org/services/behavioral-health-addiction
Achievement Associates Ltd 1317 Towne Square Rd, Mequon 262-229-8100	Effective Client-Centered Care – for All Ages. Prompt Intervention 24/7, Substance Abuse: Drugs and Alcohol, Individual, Couples and Family, Marriage and Relationships, Vocational and Work-Related Counseling, Education Programs and Intervention.	http://achievementassociates.com/
Rogers Memorial Hospital 4555 W Schroeder Dr, Brown Deer 800-767-4411	Offers a variety of mental health and addiction services for adults, adolescents and children. Provides inpatient withdrawal management, partial hospital and intensive outpatient services for heroin, alcohol and other drug addiction, as well as dual diagnosis. Residential treatment is also available at Herrington Recovery Center in Oconomowoc.	http://rogershospital.org
Comprehensive Counseling Services 1317 W. Grand Ave., Port Washington 262-284-5789	Comprehensive counseling services dedicated to serving the outpatient behavioral health needs of individuals and families. The clinic offers board certified adult psychiatrists and a child and adolescent psychiatrist.	http://www.compounselingservices.com/
Ozaukee County Counseling Center 121 W. Main Street Port Washington 262-284-8145 or 262-238-8145	The Counseling Center provides individual and group treatment addressing mental health and substance abuse.	http://www.co.ozaukee.wi.us/261/Mental-Health-Services
Ozaukee County Human Services 121 W. Main Street Port Washington 262-284-8200 and 262-238-8200	The Department of Human Services include a counseling center, community support program and comprehensive community services.	http://wi-ozaukeecounty.civicplus.com/252/Human-Services
Mequon Clinical Associates 1045 W. Glen Oaks Ln Suite 1, Mequon 262-241-7778	Areas of specialization: Addiction and Recovery, ADHD, Anger Management, Anxiety and Fear, Child and Adolescent Issues, Collaborative Divorce, Conflict Resolution, Couples Counseling, Depression, Divorce and Divorce Recovery, Divorce Mediation, Domestic Abuse, Eating Disorder, and much more.	http://www.mequonclinical.com/map/
Northshore Clinic & Consultants W62 N246 Washington Ave. Ste 207 Cedarburg 262-375-1116	Children, adolescents and adults are treated for a variety of emotional, mental health and chemical dependency concerns.	www.northshoreclinics.com

Ozaukee County Substance Abuse Community Services

Agency	Description	Website
Opiate & Heroin Awareness Toolkit	The Opiate & Heroin Awareness Toolkit is a valuable resource for those families seeking recovery and support for their loved ones. In addition to discussing prescription drug misuse, the booklet provides very local and appropriate treatment options and services.	https://www.unitedwayno.org/heroin-awareness-toolkit
Starting Point, Inc 11514 N. Port Washington Rd Mequon 262-241-1004	Starting Point builds healthy communities by empowering individuals and families through innovative substance abuse prevention and intervention resources, including school programs, recovery housing and treatment alternatives to the correctional system for alcohol and drug related offenses.	http://startingpointwi.org/

Ozaukee County Mental Health & Substance Abuse Support Groups

Agency	Description	Website
AA-Alcoholics Anonymous	Visit the website for a list of meeting locations around Wisconsin. There are none located in Washington or Ozaukee Counties.	www.aa.org
NA-Narcotics/Heroin Anonymous 888-611-1813	Visit the Kettle Moraine area NA website for a list of meetings in the local area.	www.na.org http://www.kmana.org/
Al-Anon/Al-Ateen	Visit the website for a list of meetings in the local area.	www.al-anon.alateen.org
NAR-Anon	Visit the website for a list of meetings in the area.	www.nar-anon.org
Families Anonymous Crossroads Presbyterian Church 6031 W. Chapel Hill Road, Mequon 414-242-1670	For Families and Friends concerned with the destructive behavior of loved ones due to drugs, alcohol or related behavioral problems. Thursday at 7:00 p.m. Email: hankh@familiesanonymous.org	http://www.crossroadspres.org/care/families-anonymous/
Alliance Bible Church 13939 N. Cedarburg Road, Mequon 262-375-2400	Alliance Bible Church 12-Step Alcoholics Anonymous and other programs. Email: 12Steps@allianceMequon.org	http://www.myabc.church/
The Bridge Christian Life Church 2909 W. Mequon Rd. Mequon 262-643-4602	Take steps to recovery with Encouraging Bible Teaching Mondays 7:00 PM (Lower Level--Use Administration Entrance) Email: thebridgemen@clcw.com or thebridgeladies@clcw.com	http://www.clcw.com/resources/the-bridge.html
Celebrate Recovery Christ Church 13460 N. Port Washington Rd. Mequon 262-243-3093	Celebrate Recovery is a Christ-centered recovery group which uses Eight Principles based on the Beatitudes in the Gospel. This program is modeled after the secular 12-step recovery programs but confirms that Jesus Christ is the Higher Power that is necessary for true healing. This ministry is for those recovering from any hurts, habits or hang-ups. Please join us on Thursday nights for worship, fellowship and sharing. Thursdays 6- 8PM	http://christchurchmequon.org/ministries/celebrate-recovery
Grasp (Grief Recovery After a Substance Passing) 11514 N. Port Washington Rd. Suite 120, Mequon 262-339-9898	Local support group for immediate family members who have lost a loved one to a substance. Meetings on the 3rd Thursday of the month. Must RSVP to attend.	http://grasphelp.org/
It Works If You Work It Aurora Hospital 975 Port Washington Rd., Grafton 262-329-1000	12 Step Meeting for addicts and alcoholics Thursdays 6:30 to 7:30 PM Go through the main entrance and there will be someone to greet you and guide you to the meeting.	https://www.aurorahealthcare.org/
Just Listen 11431 North Port Washington Road Suite 210, Mequon 414-837-8041	Goal Setting Sundays: 1st Sunday of each month, 6pm - 8pm Recovery Support Groups: 1st & 3rd Thursday/month, 11am -12:30pm & 6:30- 8pm Family n' Friends of Addicts Support Group: 2nd Tuesday/month, 11am - 12:30pm & 6:30-8pm	http://www.just-listen.org/

Wings of Hope-NAMI Calvary Lutheran Church 247 South Main Street, Thiensville 262-242-4710	Provides information, support group, online chat and postings of lost loved ones' stories. Open to anyone who has lost a loved one to suicide. No fees. Meets first Monday of each month at 6:30pm.	www.wingsofhopemequon.org
New Day Club 11936 N. Port Washington Road Mequon 262-241-4673	The New Day club is a meeting and gathering place for all recovering alcoholics and addicts who subscribe to the Principles and Traditions of AA & NA. Our mission is to provide a safe place for Alcoholics and Chemically Dependent people, their families and friends to meet and work on 12-Step recovery.	www.Newdayclub.net
Ozaukee Support Group Call for location. 414-828-3286	A Christian-Based Support Group for ex-prisoners and adult family members of offenders and ex-offenders. This group meets every other Thursday night in Port Washington from 4:30 to 6:00. Please contact Rob Holbrook at 414-828-3286 for meeting dates and location.	http://www.co.ozaukee.wi.us/1885/Local-Support-Groups
Right Step Christian Recovery Program Open Door Church 3420 Hwy LL Port Washington	Recovery for addicts and alcoholics. 1st, 2nd, and 3rd Thursday 7-8:15 p.m.	http://www.co.ozaukee.wi.us/1885/Local-Support-Groups
SAM St. Francis Borgia Catholic Church- North Church 1375 Covered Bridge Road Cedarburg 262-377-1070	The SAM ministry will provide one of the following: Hope and Healing Mass, Adoration Prayer Service, Information Night with a speaker, Prayer Support Group meeting 2nd Thursday of the month 6:30-7:30 p.m.	https://www.saintfrancisborgia.org/parish-activities-and-outreach/substance-addiction-ministry/
SMART Recovery 440-951-5357	Helps people recover from all types of addictive behaviors, including: alcoholism, drug abuse, substance abuse, drug addiction, alcohol abuse, gambling addiction, cocaine addiction, and addiction to other substances and activities. Visit website for locations of in person meetings, and for information about online meetings.	www.smartrecovery.org
Women for Sobriety Mequon Clinical Associates 1045 W. Glen Oaks Lane, Mequon 262-241-7778	Helping women overcome alcoholism and other addictions. The "New Life" Program helps achieve sobriety and sustain ongoing recovery. WFS self-help groups are found all across this country and abroad. Based upon a Thirteen Statement Program of positivity that encourages emotional and spiritual growth, the "New Life" Program has been extremely effective in helping women overcome their addictions and embrace a new positive lifestyle. Thursdays at 6:00 PM	http://womenforsobriety.org/beta2/
24 hour Foundation Club 153 Green Bay Road, Thiensville 262-242-9999	Narcotics anonymous is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There are no dues or fees. Wednesdays at 6:30pm.	http://wisconsinna.org/locations/unity-club/
In the Rooms Online Recovery Network 855-399-0014	For people already in Recovery, Seeking Immediate Help from any Addiction, and their Family, Friends and Allies. You will have unlimited access to over 117 live online Recovery meetings weekly.	www.intherooms.com

Wisconsin Sober Living Homes

Agency	Description	Website
Aspired, Inc PO Box 93 West Bend 262-346-8471	A recovery organization that advocates for individuals in recovery from substance abuse. They help provide the tools necessary to live a successful life of long-term recovery.	http://aspiredwomen.org/
Butterfly House 336 N. Washington St., St. Croix Falls, WI 54024 715-417-1216	Provides a safe, sober residence for women in recovery from alcohol or other drug dependency while introducing sober living skills, peer-to-peer fellowship and support, and educational experiences that will aid them in the transition back to their families and communities.	http://www.butterflyhousescf.org/
Healing Point 11514 N. Port Washington Suite 120, Mequon, 53092 262-241-1004	Provides a Sober Living Environment (SLE) for individuals to establish foundational support in early recovery as they make the transition to a life of renewal that includes respect of self, other individuals and the community.	www.startingpointwi.org
Meta House 2625 N. Weil Street Milwaukee, WI 53212 414-962-1200	Residential treatment facilities designed specifically for women and include children in the residential setting. Mothers and children live together in our residential facility receiving services simultaneously.	www.metahouse.org
Shorewood House 3924 N. Maryland Avenue Shorewood, WI 53211 414-977-5890	Shorewood House offers treatment expertise in a 8-bed home located in the Village of Shorewood, Wisconsin.	http://www.shorewoodhouse.org/
Sober Alternative Living Services 620 Maple Avenue Waukesha, WI 53186 262-549-2121	SALS Sober Alternative Living Services recovery Houses & Coaching provides structured housing with freedom and vital support to the recovering alcoholic or addict for a life free of dependency. The way we accomplish this is through Recovery Housing, Recovery Coaching, Interventions, and Sober Chaperone services. Locations in Milwaukee or Waukesha County.	https://salshouses.org/
WINDS Recovery House P.O. Box 212 Grafton, WI 53024 262-444-1201	WINDS provides a safe and sober home for women recovering from substance abuse, as well as a home for recovering mothers and their young children. It is a 4 bedroom residential sober living house with accommodations for recovering women, recovering women with children aged 10 and under and recovering women who may need handicapped accessibility.	www.windsrecovery.org
Exodus House 1421 Fond du Lac Avenue Kewaskum, WI 53040 262-626-4166	Exodus House is a 20 bed, state licensed and state certified Transitional Living Facility, helping adult males recovering from alcohol and drug dependency.	www.exodus-house.com